

39th International Conference (Online - Zoom)

“Ayurveda & Pain Management”



39th International Conference
Ayurveda & Pain Management
ONLINE - ZOOM
December 12 & 13, 2020
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Hosted by AAPNA - Association of Ayurvedic
Professionals of North America, Inc. USA

December 12 & 13, 2020

Venue:

ONLINE - ZOOM CONFERENCE

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*Note: *This conference is solely for educational purposes.*

This conference is not intended to diagnose, treat, cure, or prevent any disease.

20.0 CE / PACE Hours

AAPNA Approved Provider & YACEP Provider



Tentative Conference Schedule

Saturday, December 12, 2020

Conference Time: EST (Eastern Standard Time)

Conference Starts:

5:00 am PST / 6:00 am MST / 7:00 am CST / 8:00 am EST / 5:30 pm IST

*Note: *The program guide is subject to change without prior notice.*

Time	Topic	Speaker
08:00 AM - 08:45 AM	A Psychosomatic Approach to the Management of Chronic Pain with Ayurveda	Dr. Khyati Sud BAMS, MD-Ayu, PhD (Ayu) Gujarat, India
08:45 AM - 9:30 AM	A Clinical Impend towards pain management with special reference to Opioid Analgesics	Dr. Sushant Sud BAMS, MD-Ayu, Gujarat, India
9:30 AM - 10:15 AM	Concept of Pain in Ayurveda with its Management	Dr. Rakeshkumar S Gujar BAMS, MS-Ayu Karnataka, India
10:15 AM - 11:00 PM	Pain management through 'Murivenna', - Folklore medicine	Dr. Amrita M Nandakumar BAMS, MS-Ayu Kerala, India
11:00 PM - 11:45 PM	Marma Science with special reference to Pain Management	Dr Navin Chandra Joshi BAMS, MD-Ayu Uttarakhand, India
11:45 PM - 12:30 PM	Pain Management: Mind Over Body	Dr. Suhas Kumar Shetty BAMS, MD-Ayu, PhD-Ayu Karnataka, India
12:30 PM - 01:15 PM	Rheumatoid Arthritis (Amavata) Management in Ayurveda	Dr. Bhairav Kulkarni BAMS, MD-Ayu, FAAPNA Maharashtra, India
01:15 PM - 02:00 PM	Pain management in Ayurveda for Sciatica syndrome and calcaneal spur	Dr. B. Rangarajan BAMS, MD-Ayu Karnataka, India
02:00 PM - 02:45 PM	Role of Ayurveda in the management of Osteoarthritis of the knee joint	Dr. Shripathi Acharya BAMS, MD-Ayu, PhD-Ayu Karnataka, India
02:45 PM - 03:30 PM	Pain Management in Ayurveda Through Shodhana and Shamana Therapies	Dr. Jayarajan Kodikannath BSc., BAMS California, USA
03:30 PM - 04:15 PM	Importance of Upakrama in the management of Pain	Dr. B.A.Lohith, BAMS, MD-Ayu, PhD-Ayu, Karnataka, India
04:15 PM - 05:00 PM	Pain Management in Primary Dysmenorrhea: A Multi Model Clinical Approach	Dr. Vaishali Vasavda, BAMS, MD-Ayu, Gujarat, India
05:00 PM - 05:45 PM	Management of Plantar Fasciitis	Dr. Andhrika Kondeti, BAMS, LMT, RYT, RAD, MH Virginia, USA
05:45 PM - 06:30 PM	Healing Psychological Trauma: Self in Ayurveda	Amandeep (Annu) Gaidhu, MA, RAP, RAYT Toronto, Canada

Sunday, December 13, 2020

Conference Time: EST (Eastern Standard Time)

Conference Starts:

5:00 am PST / 6:00 am MST/7:00 am CST/ 8:00 am EST / 5:30 pm IST

Time	Topic	Speaker
08:00 AM - 08:45 AM	Dietary and Lifestyle Modifications in Chronic Pain Management	Dr. Bharti Sharma, BAMS, MD-Ayu, Himachal Pradesh, India
08:45 AM - 09:30 AM	Pain management through Ayurvedic Herbal Formulations with current evidences	Dr. Rinky Thakur, BAMS, MD-Ayu, Karnataka, India
09:30 AM - 10:15 AM	Pain Management of Sciatic through Ayurveda - A multi model clinical approach	Dr. Krup Vasavda, BAMS, MD-Ayu, Gujarat, India
10:15 AM - 11:00 AM	Management of side effects, including pain during Chemo and Radio therapy	Dr. Sarat Addanki, AyD, California, USA
11:00 AM - 11:45 AM	Ayurveda and Lower Back Pain	Anuradha Gupta, CAP, MBA, California, USA
11:45 AM - 12:30 PM	Fibromyalgia Syndrome: Managing pain through Panchakarma	Dr. Subhas Sharma, BAMS, MD-Ayu, Uttar Pradesh, India
12:30 PM - 01:15 PM	Pain Management for TMJ and Other Dental Disorders	Dr. Victor Zeines, DDS, New York, USA
01:15 PM - 02:00 PM	The role of Ayurveda in Migraine	Dr. Gaurav Sawarkar, BAMS, MD-Ayu, Maharashtra, India
03:00 PM - 02:45 PM	Cancer Pain Management - Challenges and Perspective in Ayurveda	Dr. Kuldeep Pandey BSc, BAMS, MD-Ayu, PhD-Ayu Uttar Pradesh, India
02:45 PM - 03:30 PM	Thermal Micro Cautery (TMC), Agni Karma in pain management	Dr. Nikolaos Kostopoulos, MD Athens, Greece
03:30 PM - 04:15 PM	Dysmenorrhea and it's management through Ayurveda	Dr. Ashwini Honagannavar, BAMS, MD-Ayu, Karnataka, India
04:15 PM - 05:00 PM	Post-operative pain management in a Hemorrhoidectomy case with Matra Basti (enema with medicated oil)	Dr. Shivanand Kembhavi, BAMS, MS-Ayu, Karnataka, India
05:00 PM - 05:45 PM	Neuropathic Pains in Ayurveda	Dr. Sandeep Kaur Mangat BAMS, MD-Ayu, Manitoba, Canada