

23rd International Conference
“Ayurveda For Health & Wellness”
November 11 & 12, 2017

Venue:
YMCA, Indian Student Hostel, 41 Fitzroy Square
London, W1T 6AQ, United Kingdom

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*Note: *This conference is solely for educational purposes.
This conference is not intended to diagnose, treat, cure, or prevent any disease.*

Tentative Conference Program Guide*

Saturday, November 11, 2017

Time	Topic	Presenter
08:00 am – 08:45 am	Registration Sponsors & Exhibitors Setup	Front Desk Hall
Session 1		
08:45 am – 08:55 am	Inauguration	Dhanwantari Prayer
08:55 am – 09:00 am	Introduction of Speakers	Shekhar Annambhotla
09:00 am – 09:10 am	All Party Parliamentary Group - Indian Traditional Sciences	Amarjeet S Bhamra
09:10 am – 09:20 am	High Commission of India, London	Counsellor Amit Sharma
09:20 am – 09:30 am	Secretary General United Nations IT	Lawrence Cummins
09:30 am – 09:40 am	Ayurveda College, London, UK	Ayurveda Ratan Dr M Athique
09:40 am – 10:10 am	A successful ayurvedic management of Thrombo Angitis Obliterans (Beurgers Disease) – An overview of two decades clinical study	Bhaksar Rao Martha, BAMS, MD-Ayu, Professor & Vice Principal, SV Ayurvedic College, Tirupathi, Andhra Pradesh, India
10:10 am – 10:30 am	Āyurveda & The State Of Flow – The Ānanda Factor	Vasiliki Binga, MSc. Director, Yoga Energy, Florida, USA
10:30 am – 10:45 am	Q & A	Q & A
10:45 am – 11:00 am	Break	Break
Session 2		
11:00 am – 11:05 am	Introduction of Speakers	Suresh Swarnapuri
11:05 am – 11:25 am	Rasayana in Fertility	Ashish Paul, BAMS, MSc. London, UK
11:30 am – 11:50 am	Ayurveda for health and wellness of women	Deepali Bhise, BAMS, MD-Ayu, Pune, India
11:55 am – 12:15 pm	Air Beautiful – Travel Wellness	Snow Shimazu, New York, USA
12:15 pm – 12:30 pm	Q & A	Q & A
12:30 pm – 01:55 pm	Lunch & Sponsors Visit	Lunch
Session 3		
01:55 pm – 02:00 pm	Introduction of speakers	Shermili Mehar
02:00 pm – 02:30 pm	Immune Modulation through Ayurvedic Dietary Supplements and Recipes	Venkata N Joshi, PhD-Ayu, London, UK
02:35 pm – 02:55 pm	Influence of Ayurvedic Lifestyle in Europe	Anjali Joshi, BAMS, London, UK
03:00 pm – 03:20 pm	Life phase of a women from Ayurvedic perspective	Archana Sivaramakrishnan, BAMS, Oslo, Norway
03:25 pm – 03:40 pm	Q & A	Q & A
03:40 pm – 04:00 pm	Break	Break
Session – 4		
04:00 pm – 04:05 pm	Introduction of speakers	Vara Lakshmi Yanamandra
04:05 pm – 04:25 pm	Ayurveda: The emerging integrative healing system in the West	Shekhar Annambhotla, BAMS, MD-Ayu, LMT, Pennsylvania, USA
04:30 pm – 04:50 pm	Rasayanas and Nutraceuticals and Clinical Application	Prashanth, A.S. BAMS, MD-Ayu, PhD-Ayu, Professor, Ayurveda Mahavidyalaya, Hubli, Karnataka, India
04:55 pm – 05:15 pm	Maharishi AyurVeda - Consciousness-based Health Care - handling individual and collective health	Susan Licoln, Maharishi AyurVeda Practitioner at Rendlesham's Maharishi AyurVeda Health Centre, London, UK
05:15 pm – 05:30 pm	Q & A	Q & A
05:30 pm – 05:45 pm	Break	Break

Session - 5

05:45 pm – 06:30 pm	Panel Discussion	Moderator – Vijay K Murthy, PhD Venkata Narayana Joshi, PhD Ayu Shekhar Annambhotla, MD-Ayu Shermili Mehar, BAMS
06:30 pm – 06:45 pm	Sponsors presentation	Sponsors presentation

Sunday, November 12, 2017

Time	Topic	Presenter
08:30 am – 08:55 am	Day Pass Registration	Front Desk & Sponsors Visit
Session – 6		
08:55 am – 09:00 am	Introduction of Speakers	Harshavardhan Appaji
09:00 am – 09:30 am	Making Ayurveda a viable health care model for primary care; Bridging clinical care and public health	Vijay K Murthy, PhD, London, UK
09:35 am – 09:55 am	Importance of Digestion during pregnancy, birth and beyond	Seema Datta, BAMS, London, UK
10:00 am – 10:20 am	Role of Diet and Lifestyle in the Prevention of Disease – The Ayurvedic Perspective	Varalakshmi Yanamandra, BAMS, OMT, Director, Ayurveda Wellness & Pain Center, Birmingham, West Midlands, UK
10:20 am – 10:40 am	Q & A	Q & A
10:40 am – 11:00 am	Break	Break
Session – 7		
11:00 am – 11:05 am	Introduction of Speakers	Seema Datta
11:05 am – 11:25 am	Panchakarma Practice in Europe	Pratima Nagesh, BAMS, London, UK
11:30 am – 11:50 am	Vasti a therapeutic Panchakarma	Harshavardhan Appaji, BAMS, MD-Ayu, Associate Professor, SV Ayurvedic College, Tirupathi, Andhra Pradesh, India
11:55 am – 12:15 pm	Applied Marma Chikitsa - using advanced technology and subtle therapies in Ayurvedic Practice	Tomaz Muller, Director, Ayuwave Ltd, London, UK
12:15 pm – 12:30 pm	Q & A	Q & A
12:30 pm – 01:55 pm	Lunch & Sponsors / Exhibitors Visit	
Session – 8		
01:55 pm – 02:00 pm	Introduction of speakers of the session	Ashish Paul
02:00 pm – 02:30 pm	A case study of Crohn’s disease and its post-operative rehabilitation through Ayurveda	Suresh Swarnapuri, BAMS, MD-Ayu Cork City, Ireland
02:35 pm – 02:55 pm	Food & Spirituality: The Current Issue	Eleonore de Croÿ-Solre, Paris, France
03:00 pm – 03:20 pm	Rediscover Yourself and Enhance Healthy Longevity through Ayurveda Rasayana	Shermili Mehar, BAMS, Ayurveda Consultant, Rosana Gesundheits Zentrum, Germany
03:20 pm – 03:35 pm	Q & A	Q & A
03:35 pm – 04:00 pm	Awards & Group Photo	Awards & Group Photo
04:00 pm – 04:30 pm	Break	Break
Session - 9		
04:30 pm – 05:15 pm	Panel Discussion	Moderator – Vijay K Murthy, PhD Bhaskar Rao Martha, MD-Ayu Suresh Swarnapuri, MD-Ayu Harshavardhan Appaji, MD-Ayu
05:15 pm – 05:30 pm	Closing Ceremony	Shekhar Annambhotla and Suresh Swarnapuri

*Note: *The program guide subject to change without prior notice.*

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