

**22<sup>nd</sup> International Conference**  
**“Ayurveda & Home Remedies”**  
**August 4 - 6, 2017**

**Venue:**

**The Hindu Temple of Atlanta**  
**5851 Hwy 85, Riverdale, GA 30274, USA**

**Contact:**

**Dr. Shekhar Annambhotla**

**Email: [doctorshekhar@gmail.com](mailto:doctorshekhar@gmail.com)**

**Phone: 484.347.6110**

**Web: [www.aapna.org](http://www.aapna.org)**

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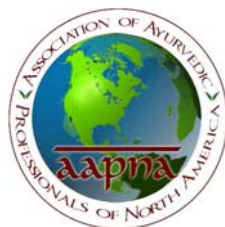


**Ayurveda Conferences, LLC**

*Note: \*This conference is solely for educational purposes.  
This conference is not intended to diagnose, treat, cure, or prevent any disease.*

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# Tentative Conference Program Guide\*

## Friday, August 4, 2017

Time	Topic	Presenter
08:00 am – 09:00 am	Registration Sponsors & Exhibitors Setup	Front Desk Hall
<b>Session 1</b>		
09:00am – 09:10 am	Inauguration	Inauguration
09:10 am – 09:15 am	Introduction of Speakers	Shekhar Annambhotla
09:15 am – 10:15 am	Traditional Yoga Therapy as Palliation Care for Cancer	Anthony James, DOM, PhD, Dean, Professor, Director of Education and Traditional Medicine Native American Indigenous Church (NAIC) SomaVeda College of Natural Medicine, Florida, USA
10:15 am – 11:00 am	Preventive Care in Ear, Nose, Throat Disorders	Antonio Andrade, MD, CAP, AFNC, Florida, USA
11:00 am – 11:30 am	Natural Home Remedies for Cellulite	Michelle Costantini, ALC, AFNC, Pennsylvania, USA
11:30 am – 11:45 am	Q & A	Q & A
11:45 am – 12:00 am	Sponsors Presentation	Vpk Maharishi Ayurveda, Iowa, USA
<b>12:00 pm – 02:00 pm</b>	<b>Lunch &amp; Sponsors Visit</b>	<b>Lunch</b>
<b>Session 2</b>		
02:00 pm – 02:05 pm	Introduction of speakers	Vandana Baranwal
02:05 am – 02:50 pm	Ayurvedic Home Remedies for Beauty	Samina Ahmad, MD, CAP, AFNC, New York, USA
02:50 pm – 03:35 pm	Ayurveda & State of Flow – The Ananda Factor	Vasiliki (Vie) Binga, MA-Ayurved, RYT, Florida, USA
03:35 pm – 03:50 pm	Q & A	Q & A
03:50 pm – 04:05 pm	Sponsors presentation	Vydy, Georgia, USA
<b>04:05 pm – 04:30 pm</b>	<b>Break</b>	<b>Break</b>
<b>Session – 3</b>		
04:30 pm – 04:35 pm	Introduction of speakers	Samina Ahmad
04:35 pm – 05:20 pm	Travel Wellness and Self Care	Snow Shimazu, New York, USA
05:20 pm – 06:05 pm	Role of Herbs & Home Remedies in Menopausal Symptoms	Vandana Baranwal, BAMS, MD-Ayurved, New Jersey, USA
06:05 pm – 06:20 pm	Q & A	Q & A
06:20 pm – 06:30 pm	Sponsors presentation	Kottakkal Ayurveda, New York, USA
<b>06:30 pm – 08:00 pm</b>	<b>Dinner &amp; Sponsors / Exhibitors Visit</b>	

# Saturday, August 5, 2017

Time	Topic	Presenter
08:30 am – 09:00 am	Day Pass Registration	Front Desk & Sponsors Visit
<b>Session – 4</b>		
09:00 am – 09:05 am	Introduction of Speakers	Vandana Baranwal
09:05 am – 10:05 am	Role of Spices in Leaky Gut Syndrome	Vijay Jain, MD, Director, Mind Body Wellness Center, Florida, USA
10:05 am – 10:50 am	Women’s Essentials Workshop	Sweta Srivastava Vikram, New York, USA
10:50 am – 11:30 pm	Yoga Nidra – A guided meditation for health and wellness	Michele Jain, RYT, PYT, CHC, RALC, Florida, USA
11:30 am – 11:45 am	Q & A	Q & A
11:45 am – 12:00 pm	Sponsors presentation	International University of Yoga and Ayurveda, FL, USA
<b>12:00 pm – 02:00 pm</b>	<b>Lunch &amp; Sponsors / Exhibitors Visit</b>	
<b>Session – 5</b>		
02:00 pm – 02:05 pm	Introduction of speakers of the session	Sweta Vikram
02:05 pm – 02:50 pm	Ayurvedic Home Remedies for Osteoporosis	Vidya Chakravarthy, BAMS, Georgia, USA
02:50 am – 03:30 am	Importance of Ghee and Medicinal use	Sonia Tigero, AP, Florida, USA
03:30 pm – 03:45 pm	Q & A	Q & A
03:45 pm – 04:15 pm	Award Ceremony & Group Photo Award Winners –	Award Ceremony & Group Photo
04:15 pm – 04:30 pm	Break	Break
<b>Session - 6</b>		
04:30 pm – 04:35 pm	Introduction of speakers of the session	Samina Ahmad
04:35 pm – 05:30 pm	Vastu Home Remedies for Success	Micheal Mastro, California, USA
05:30 pm – 06:00 pm	Pyra Vastu – Vastu Home Remedies - Rectification of House without demolition	Deepak Bakshi, MArch, Iowa, USA
06:00 pm – 06:30 pm	Ayurveda – Bharata Natyam (Indian Classical Dance)	Andhrika Kondeti, BAMS, Virginia, USA
<b>06:30 pm – 08:00 pm</b>	<b>Dinner &amp; Sponsors / Exhibitors Visit</b>	

## Sunday, August 6, 2017

Time	Topic	Presenter
08:30 am – 09:00 am	Day Pass Registration	Front Desk & Sponsors Visit
<b>Session 7</b>		
09:00 am – 09:05 am	Introduction of speakers of the session	Samina Ahmad
09:05 am – 10:05 am	Important various herbs in chronic diseases	Suresh Swarnapuri, BAMS, MDAyurved, Cork City, Ireland
10:05 am – 10:50 am	Ayurvedic Home Remedies for Chronic Joint Pains	Andhrika Kondeti, BAMS, LMT, RYT200, Virginia, USA
10:50 am – 11:05 am	Q & A	Q & A
11:05 am – 11:20 am	<b>Break</b>	<b>Sponsors Visit</b>
<b>Session 8</b>		
11:20 am – 11:25 am	Introduction of speakers of the session	Vandana Baranwal
11:25 pm – 12:10 pm	Ayurvedic Dental Care	Shekhar Annambhotla, BAMS, MD-Ayurveda, LMT, Pennsylvania, USA
12:10 pm – 12:55 pm	Allergies & Wholistic Approach	Narender Pati, RPh, DAS, CAP, India
12:55 pm – 01:10 pm	Q & A	Q & A
01:10 pm – 01:20 pm	Closing Ceremony	Shekhar Annambhotla, Director GAC & AAPNA, USA
01:20 pm – 02:30 pm	<b>Lunch</b>	<b>Lunch</b>

*Note: \*The program guide subject to change without prior notice.*

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