

14<sup>th</sup> International Conference  
“Consciousness and Healing in  
Ayurveda & Yoga”  
May 1-3, 2015

**Kiddie Keep Well Camp**  
**35 Roosevelt Drive, Edison, New Jersey, USA**

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*Note: \*This conference is solely for educational purposes.  
This conference is not intended to diagnose, treat, cure, or prevent any disease.*

*\*No Special Attire Requirements.*

# Tentative Conference Program Guide\*

## Friday, May 1, 2015

<b>Time</b>	<b>Topic</b>	<b>Presenter</b>
7:00 am – 8:30 am	Registration Sponsors & Exhibitors Setup	Front Desk Hall
8:45 am – 8:50 am	Inaugural Ceremony	Vedic Recitation & Dhanwantari Prayer
8:50 am – 9:00 am	Chief Guest	Karuthiappa Gowder Perumal, India
9:00 am – 9:30 am	Guests of Honor Presentation	Dr. Bertrand Martin, MD, MPH, Vevey, Switzerland
9:30 am – 11:00 am	<b>Keynote Speaker-</b> Five Fundamental Factors & Their Effect on Human Body	Acharya Devakrisnanda, Miami, Florida, USA
11:00 am – 11:30 am	<b>Sponsors Presentations</b>	SKY Foundation, New Jersey Pure Indian Foods, New Jersey doTerra, Utah
11:30 am – 12:00 am	Pathogenesis and Conscious Healing in Ayurveda and Vethathrium – A Comprehensive review	Dr. Priyatarssini Balamurugen, BAMS, MSc (Psychology), RAPC, New Jersey, USA
12:00 am – 12:30 pm	Yoga Therapy in the refugee camps of our backyards	Nancy Candeia, RYT, New Jersey, USA
<b>12:30 pm – 2:00 pm</b>	<b>Lunch &amp; Sponsors / Exhibitors Visit</b>	<b>Lunch &amp; Sponsors / Exhibitors Visit</b>
2:00 pm – 3:30 pm	<b>Keynote Presentation -</b> The Role of Consciousness in the Healing Journey	Dr. Marc Halpern, DC, California, USA
3:30 pm – 4:00 pm	<b>Tea Break / Sponsors Visit</b>	<b>Break / Sponsors Visit</b>
4:00 pm – 4:30 pm	Exploring Paths to Swasthya – “Consciousness At Center”	Dr. Ashlesha Raut, BAMS, MD-Ayu, Illinois, USA
4:30 pm – 5:00 pm	Seven Keys to Healthy Body-Mind	Yogacharya Dhananjaya Kumar, Virginia, USA
<b>5:00 pm – 6:00 pm</b>	<b>Sponsors &amp; Exhibitors Presentations</b>	Cristalmind™ Shirodhara, Switzerland Sewanti Ayurveda Products, Canada BG Metrix, New Jersey Arth – India Ayurveda Posters, Virginia Mahima Institute, Florida Kotakkal Products, New York
6:00 pm – 6:30 pm	<i>Mix &amp; Mingle</i>	<i>Sponsors &amp; Exhibitors Visit</i>
<b>6:30 pm – 8:00 pm</b>	<b>Dinner &amp; Sponsors / Exhibitors Visit</b>	<b>Dinner &amp; Sponsors / Exhibitors Visit</b>
8:00 pm – 9:00 pm	<b>AAPNA Board of Directors, Advisors, Members Meeting</b>	

# Saturday, May 2, 2015

<b>Time</b>	<b>Topic</b>	<b>Presenter</b>
7:00 am – 8:45 am	Registration	Front Desk
7:30 am – 8:30 am	<b>Yoga Class</b>	Nancy Smith, RYT, LMT, New Jersey, USA
9:00 am – 10:30 am	<b>Keynote Presentation - Ayurveda: Teaching the Path to Self-Realization</b>	Acharya Shunya Pratichi Mathur, California, USA
10:30 am – 11:00 am	<b>Sponsors Presentation</b>	Maharishi Ayurveda – VPK, Iowa Baba Ramdev Health Products, Georgia New World Ayurveda, Maine
11:00 am – 12:30 am	Utilizing Medico Legal Tools	Dan McNeff, Legally Mine, Utah, USA
<b>12:30 pm – 2:00 pm</b>	<b>Lunch &amp; Sponsors / Exhibitors Visit</b>	<b>Lunch &amp; Sponsors / Exhibitors Visit</b>
2:00 pm – 3:30 pm	<b>Keynote Presentation - The Importance of Consciousness in Ayurveda and Yoga Practice</b>	Dr. Vasant D. Lad, BAM&S, MASc., New Mexico, USA
3:30 pm – 4:00 pm	<b>Award Ceremony</b> emceed by Dr. Bertrand Martin, MD, MPH, Switzerland <b>&amp; Group Photo</b>	<i>Dhanwantari Award – Dr. Vasant Lad</i> <i>Charak Award – Dr. Marc Halpern</i> <i>Rishi Award – Anandmurti Gurumaa</i> <i>Dharma Award – Debbie Kadagian</i>
4:00 pm – 4:30 pm	<b>Tea Break &amp; Sponsors Visit</b>	<b>Tea Break &amp; Sponsors Visit</b>
4:30 pm – 5:00 pm	Transformative Awareness: Attunement to Breath, Sensation & Energy in Yoga Practice	MeriLynn Blum, MA, MAT, RYT, New Jersey, USA
5:00 pm – 5:30 pm	Consciousness- the underlying unity in diversity of healing	Dr. Dhanada Kulkarni, BAMS, Texas, USA
5:30 pm – 6:00 pm	Abhyasa (Practice) & Vairagya (Non attachment) – Tools for Spiritual Seeker	Dr. Vijay Jain, M.D. Florida, USA
6:00 pm – 6:30 pm	<b>Sponsors &amp; Exhibitors Presentations</b>	Essence of Self, New Jersey Vedika Global, California Banyan Botanicals, New Mexico
<b>6:30 pm – 8:00 pm</b>	<b>Dinner &amp; Sponsors / Exhibitors Visit</b>	<b>Dinner &amp; Sponsors / Exhibitors Visit</b>
8:00 pm – 9:00 pm	Kirtan	Penni Feiner, Sheryl Edsall, Kula for Karma. New Jersey, USA

# Sunday, May 3, 2015

<b>Time</b>	<b>Topic</b>	<b>Presenter</b>
7:00 am – 8:45 am	Registration Sponsors & Exhibitors Setup	Front Desk Hall
7:30 am – 8:30 am	<b>Yoga &amp; Meditation Class</b>	
9:00 am – 10:30 am	<b>Keynote Presentation</b> - Consciousness Made Practical – Giving Patients Tools for Health	Dr. Paul Dugliss, MD, Maine, USA
<b>10:30 am – 11:00 am</b>	<b>Break &amp; Sponsors Visit</b>	<b>Break &amp; Sponsors Visit</b>
11:00 am – 11:30 am	Role of Manas (Consciousness) in the Manifestation & Management of diseases	Dr. Prashanth Acharya, BAMS, MS (Ayu), PhD (Ayu) Candidate, Bangalore, India
11:30 am – 12:00 am	<b>Sponsors &amp; Exhibitors Presentations</b>	International University of Yoga & Ayurveda International Yoga Therapy Institute AAPNA – Association of Ayurvedic Prof. N.A. Ojas, LLC - Ayurveda Wellness Center
12:00 pm – 12:30 pm	<b>Panel Discussion</b>	<b>Panel Discussion</b>
<b>12:30 pm – 2:00 pm</b>	<b>Lunch &amp; Sponsors / Exhibitors Visit</b>	<b>Lunch &amp; Sponsors / Exhibitors Visit</b>
2:00 pm – 3:30 pm	<b>Keynote Presentation</b> - Enlightenment & Instant Healing in the New Golden Age	Swami Sadashiva Tirtha, New York, USA
3:30 pm – 4:00 pm	<b>Tea Break &amp; Sponsors &amp; Exhibitors</b>	<b>Tea Break &amp; Sponsors &amp; Exhibitors</b>
4:00 pm – 4:30 pm	<b>Closing Ceremony</b>	

*Note: \*The program guide is subject to change without prior notice.*

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