

12th International Conference on Spirituality and Healing in Ayurveda & Yoga December 12, 13 & 14, 2014

The Hindu Temple Society of Central Florida, Inc.

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Note: *This conference is solely for educational purposes.

This conference is not intended to diagnose, treat, cure, or prevent any disease.

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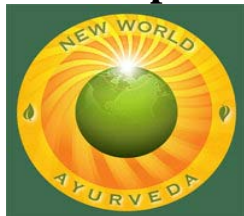
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Tentative Conference Program Guide*

Friday, December 12, 2014

Time	Topic	Presenter
8:00 am – 9:30 am	Registration	Front Desk
	Sponsors & Exhibitors Setup	Hall
9:45 am – 10:00 am	Inaugural Ceremony	Vedic Recitation & Dhanwantari Prayer
10:00 am – 10:30 am	Guest of Honors	Anil Deshpande, M.S., M.B.A., Orlando, Florida, USA
	Platinum Sponsor Presentation – Jijnyasa Foundation	
10:30 am – 11:00 am	Tea Break	Tea Break
11:00 am – 11:40 am	Keynote Presentation - How Yoga and Ayurveda Connects You to Your Inner Healer	Yogi Amrit Desai, Florida, USA
11:45 am – 12:10 pm	Ayurvedic Psychology, The Role of Awareness in Healing	Carlo Monsanto, MS, RAPC, Miami, Florida, USA
12:15 pm – 12:40 pm	Panel Discussion – Questions & Answers	
12:45 pm – 2:00 pm	Lunch & Sponsors / Exhibitors Visit	
2:00 pm – 2:25 pm	As we are in our body so too we are in our lives	Sybil Nance, E-RYT-200 , CYT-800, IAYT, North Carolina, USA
2:30 pm – 2:55 pm	Mindful Eating: Prana and Sattva via Food	Kristen Schneider, RYT, Florida, USA
3:00 pm – 3:25 pm	Patanjali Meditation Science and how to pacify the mind and open the doors of Enlightenment	Dr. Bertrand Martin, M.D. MPH, CAy, Vevey, Switzerland
3:30 pm – 4:00 pm	Panel Discussion – Questions & Answers	
4:00 pm – 4:30 pm	Tea Break & Sponsors / Exhibitors Visit	
4:30 pm – 5:00 pm	Sponsors & Exhibitors Presentation	
	Cristal Mind Shirodhara (Bronze Sponsor)	
	Amrit Yoga Institute (Bronze Sponsor)	
	Charak Pharma Private Limited (Bronze Sponsor)	
5:00 pm – 5:25 pm	Engage with the Sacred Power of Food	Lisa Joy Mitchell, RYT, North Carolina, USA
5:30 pm – 5:55 pm	The Importance of Spirituality for Maintenance of Health & Wellness	Dr. Shekhar Annambhotla, BAMS, MD-Ayu, LMT, ERYT, RMAS, Pennsylvania, USA
6:00 pm – 6:25 pm	The Art of Living Happiness Program	Dr. Kamsella Chetty, M.D., Durban, South Africa & Toronto, Canada
6:30 pm – 7:00 pm	Panel Discussion – Questions & Answers	
7:00 pm – 8:00 pm	Dinner & Sponsors / Exhibitors Visit	
8:00 pm – 9:00 pm	AAPNA Board of Directors, Advisors, Members Annual Meeting	

Saturday, December 13, 2014

Time	Topic	Presenter
8:00 am – 9:30 am	Registration	Front Desk
	Sponsors & Exhibitors Setup	Hall
9:45 am – 10:25 am	Keynote Presentation - Where spirituality begins all Equations in Ayurveda go to Zero	Dr. Shanmugamurthy Lakshmanan, Ph.D. Boston, Massachusetts, USA
10:30 am – 11:00 am	Tea Break	Tea Break
11:00 am – 11:25 am	Happiness and the power of intuition as a path to health well-being	Ambika Devi (Amy) Ford, Ph.D. Florida, USA
11:30 am – 11:55 am	Crucial Role of Energy Medicine in Psycho-Spiritual Syndromes (Every meditator/spiritual aspirant/health care practitioner should know)	Dr. Richaritha Gundlapalli, M.D. Houston, Texas, USA
12:00 pm – 12:25 pm	Symbiohealth: A Complete Healthcare System	Dr. Gopal Basisht, M.D. Orlando, Florida, USA
12:30 pm – 2:00 pm	Lunch & Sponsors / Exhibitors Visit	
2:00 pm – 2:40 pm	Keynote Presentation – Spiritual Foundation of Ayurveda & Yoga	Dr. Gururaj Mutalik, M.D. Sarasota, Florida, USA
2:45 pm – 3:10 pm	Ayurveda: Molecular Medicine of Spiritual Living	Dr. Rahul Sharma, PhD, Baton Rouge, Louisiana, USA
3:15 pm – 3:40 pm	Vedic-Sanskrit: The Technical language of Ayur-Veda	Dr. BVK Sastry, PhD, Sarasota, Florida, USA
3:45 pm – 4:15 pm	Panel Discussion – Questions & Answers	
4:15 pm – 5:00 pm	Sponsors & Exhibitors Presentation New World Ayurveda (Bronze Sponsor) Mahima Institute (Bronze Sponsor) doTerra (Bronze Sponsor) Ayurveda Posters (Bronze Sponsor)	
	Tea Break & Sponsors / Exhibitors Visit	
5:00 pm – 5:30 pm	Legal Guidelines for Ayurvedic & Yoga Practitioners	Anne E. Moore, J.D., RYT, Florida, USA
5:30 pm – 7:00 pm	Utilizing Medico Legal Tools	Dan McNeff, Legally Mine, Inc.
7:00 pm – 8:00 pm	Dinner & Sponsors / Exhibitors Visit	

Sunday, December 14, 2014

Time	Topic	Presenter
8:00 am – 9:30 am	Registration	Front Desk
	Sponsors & Exhibitors Setup	Hall
9:45 am – 10:25am	Keynote Presentation - Self-Realization Through Ayurveda	Dr. Vijay Jain, M.D. Florida, USA
10:30 am – 11:00 am	Tea Break	Tea Break
11:00 am – 11:25 am	Laughter Yoga	Michele Jain, RYT, PYT, RALC, Florida, USA
11:30 am – 11:55 am	Role of ideal behavior in achieving elevated spiritual status	Dr. Gaurav Desai, BAMS, MD-Ayu, Goa, India
12:00 pm – 12:30 pm	Human body – The link between medicine and spirituality	Dr. Neelesh Korde, BAMS, MD-Ayu, Goa, India
12:00 pm – 12:30 pm	Panel Discussion – Questions & Answers	
12:30 pm – 12:45 pm	Sponsors Presentation - AAPNA – Association of Ayurvedic Professionals of North America	
	Closing Ceremony	
12:45 pm – 2:00 pm	Lunch & Sponsors / Exhibitors Visit	

*Note: *The program guide subject to change without prior notice.*